



Gabriel Pereira

• Programme Coordinator • SMART Recovery
Facilitator • Registered Social Worker (RSW-
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To Whom It May Concern:

Dear Sir/Madam,

I am pleased to share my appreciation for **Parth Parnami**, based on my interaction with him during a recent roundtable discussion that he helped coordinate and facilitate.

As a Programme Coordinator, Social Worker, and LGBTQ+ community advocate, I have had the opportunity to engage with many young individuals interested in social impact. Parth stood out for his initiative, thoughtfulness, and ability to engage meaningfully with complex topics such as inclusion, identity, and community-building.

What I found particularly notable was his ability to not only organize and coordinate the session effectively, but also to synthesize diverse perspectives into a structured reflection afterward. His post-event reflection demonstrated maturity, intellectual curiosity, and a genuine commitment to understanding lived experiences beyond a surface level.

Parth approaches sensitive and nuanced subjects with respect, openness, and a willingness to learn, qualities that are essential for anyone aspiring to work in psychology and social impact. He is proactive in seeking mentorship and feedback.

Based on my interaction, I believe Parth has strong potential to contribute meaningfully in academic and social contexts that value empathy, critical thinking, and initiative.

I wish him the very best in his future endeavours.

Sincerely,
Gabriel Pereira
Founder & Community Builder
LGBTQ+ Support Network (Singapore)
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